

## Suggested Packing List - DVI

Each apartment is equipped with bed linens, towels, dishes, cutlery, pots and pans. We also provide coffee, tea, sugar, milk & a cake/cookies. In addition, previous dentists have donated hair dryers in each apartment. (If relevant, check to make sure the hair dryer is set to 220 volt BEFORE turning it on).

## You may want to bring:

<u>Toiletries</u> – soap, shampoo, toothpaste, etc.

## Clothes

- We provide scrub shirts, but some dentists prefer to bring their own scrubs.
- Whatever the weather, the temperature in Jerusalem gets cooler in the evenings, so we recommend bringing layers.
- Comfortable shoes.
- A hat to protect you from the sun.
- A bathing suit, if you are interested in visiting the beach or water hikes.
- From approximately October through March, it can get cold and occasionally rainy (December and January get particularly cold, and occasionally snowy) so make sure to bring a warm jacket/coat.

<u>Money</u> – cash in a major currency (i.e. \$US or Euros), traveler's checks, and/or an international credit card.

<u>Medications</u> – some dentists prefer to travel with some medications (allergy medication, upset stomach medication, antibiotics, etc.) just in case. If you come to Israel without, and end up needing something, not to worry – we can recommend a good doctor and there are plenty of pharmacies in Jerusalem.

<u>Alarm Clock</u> – anything to help you get over the jetlag and out to the clinic in the morning...

Please keep in mind that practically anything you may forget at home is available for purchase here, but shops close early on Fridays and remain closed through Saturday evening.

